Physical Education

Authority Subject

This subject can articulate to these as well as other related industry topics

- Education
- Sport
- Psychology
- Dietitian
- Health
- Fitness

Course Outline / Possible Topics

- Motor Learning
- Exercise Physiology: Fitness components and energy systems
- Biomechanics and performance
- Sports Psychology
- Figueroa’s Framework of Equity
- Volleyball
- Netball, Basketball or European Handball
- Touch
- Golf

Assessment Requirements

- Practical Performance
- Supervised Written exams
- Multimodal Presentations
- Research essays
- Analytic Research Reports
- Research Analytic exposition

Minimum Requirements

- A grade of at least ‘C-’ in HPE and English.
- An ability to work independently and in a team

Specialised Equipment Required

- HPE Uniform
- Hat

Excursions and/or Subject Costs

- University forum