Recreation
Authority Registered Subject

This subject can articulate to these as well as other related industry topics
- Sport and Recreation
- Education
- Fitness

Course Outline / Possible Topics
- Volleyball
- Basketball
- Netball
- Australian Rules (boundary umpiring)
- Field/Indoor Hockey
- Resistance Training
- Outdoor recreation
- First Aid/CPR
- Sports Medicine Awareness
- Anatomy & physiology
- Softball/baseball
- Fitness principles
- Basics of Coaching
- Physical Fitness
- Touch

Assessment Requirements
- Practical performances
- Short response supervised written exams
- Multimodal Presentations
- Analytic Research Reports

Minimum Requirements
- A grade of at least ‘C-’ in HPE and English.
- An ability to work in a team

Specialised Equipment Required
HPE Uniform
Hat

Excursions and/or Subject Costs
Recreational activities