



CHISHOLM CATHOLIC COLLEGE

CORNUBIA

HEALTH and PHYSICAL EDUCATION

Middle School Subject

This subject can articulate to these as well as other related industry topics

- Education
 - Sport
 - Psychology
 - Dietitian
 - Health
 - Fitness
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Course Outline/Possible Topics

- Food and Nutrition
 - Health benefits of physical activity
 - Mental Health and wellbeing
 - Relationships and sexuality
 - Safety
 - Challenge and adventure activities
 - Games and sports
 - Lifelong physical activities
 - Rhythmic and expressive movement activities
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Assessment Requirements

- Practical Performance
 - Supervised Written exams
 - Multimodal Presentations
 - Research Essays
 - Analytic Research Reports
 - Research Analytic exposition
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Minimum Requirements

- HPE is compulsory from Year 7-10
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Specialised Equipment Required

- HPE Uniform
 - Hat
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Excursions and Competitions

- NIL

For more information please contact:

Mrs Shellie Noon – Academic Leader: Health & Physical Education